

**Dermatology & Skin Cancer Center, P.C.**  
**2200 W. Hamilton Street, Suite 305**  
**Allentown, PA 18104-6385**  
**610-432-0200**

**GENERAL POST-OP INSTRUCTIONS**

1. After surgery, please limit your activity for 48-72 hours. This helps prevent bleeding and infection.
2. Smoking impairs wound healing if more than ½ pack (10 cigarettes) per day is used.
3. Please keep the surgery site elevated as much as possible (raised extra pillow for 72 hours).

**EXCISION/FLAP/PUNCH BIOPSY WOUND CARE INSTRUCTIONS**

1. Leave the dressing in place for 24-48 hours. After this time we will most likely have you come back to the office for a wound check and dressing change. If you are NOT scheduled for a dressing change/wound check, you can start the wound care instructions as listed below.

Begin cleaning the wound site as follows:

- a. Clear away any drainage or crust from the area with hydrogen peroxide or warm soapy water using a clean gauze pad or Q-Tip®.
- b. Apply mupirocin ointment (prescription given at time of surgery) or white petrolatum to the wound site.
- c. Cover the surgery site with a clean Band-Aid® or a non-stick bandage such as a Telfa® bandage which can be purchased at any drugstore.

Repeat cleaning every day until the sutures are removed. The bandage may be changed more often if it becomes soiled or wet.

2. Tylenol® or another non-aspirin pain reliever may be used to control any pain or discomfort following the procedure. If the pain becomes severe, please call our office immediately.
3. Mild bleeding can be controlled by applying firm, constant steady pressure with a clean gauze pad for 10 to 15 minutes. If the bleeding does not stop or the area appears swollen, please call our office at 610-432-0200. If concern for the site arises after our office hours, please call 610-216-1047 to contact Dr. Brady.
4. Avoid getting the area wet for two days following the procedure.
5. Your surgery site should be less painful every day. Please notify us at the numbers listed above if the area becomes red, swollen, warm or tender.