

Dermatology & Skin Cancer Center, P.C.
2200 W. Hamilton Street, Suite 305
Allentown, PA 18104-6385
610-432-0200

GENERAL POST-OP INSTRUCTIONS

1. Limit strenuous activity for the next week. This enhances graft survival and decreases post-operative bleeding and infection.
2. Smoking impairs wound healing and graft survival if more than ½ pack (10 cigarettes) per day is used.
3. Please keep area of graft elevated as much as possible (raise the area on an extra pillow for the next week).

GRAFT WOUND CARE INSTRUCTIONS

GRAFT SITE

1. Keep the area dry and leave the dressing in place for 24-48 hours. On the day of your surgery you will have been scheduled to return to the office for a wound check and dressing change two days after surgery.

Begin cleaning the graft and donor sites on the day after we have changed the initial dressing as follows:

- a. Clear away any drainage or crust from the area with hydrogen peroxide or warm soapy water using a clean gauze pad or Q-Tip®.
- b. Apply mupirocin ointment (prescription given at time of surgery) or white petrolatum around the wound site.
- c. Cover the surgery site with a clean Band-Aid® or a non-stick bandage such as a Telfa® bandage which can be purchased at any drugstore.
- d. The graft site may initially look white or bruised. The color should improve over the next 2-3 weeks.

Repeat cleaning every day until the sutures are removed. The bandage may be changed more often if it becomes soiled or wet.

2. Tylenol® or another non-aspirin pain reliever may be used to control any pain or discomfort following the procedure. If the pain becomes severe, please call our office immediately.
3. Mild bleeding can be controlled by applying firm, constant steady pressure with a clean gauze pad for 10 to 15 minutes. If the bleeding does not stop or the area appears swollen, please call our office at 610-432-0200. If concern for the site arises after our office hours, please call 610-216-1047 to contact Dr. Brady.

DONOR SITE

1. Avoid getting the area wet for two days following the procedure. Please clean and redress the exposed area as instructed above.

BOTH SITES

It is permissible to get these areas wet after 2 days. Your surgery sites should be less painful every day. Please notify us at the numbers listed above if either the graft or donor area becomes red, swollen, warm or tender.